



Tobacco Prevention

Prescription Drug Abuse Prevention, Tobacco and Teen Pregnancy Prevention, Youth Violence, Mental Health, Self-harm, Suicide, and Depression, Underage Drinking, Alcohol/Substance Abuse Prevention Self-Esteem, Bullying, Gangs Stress Management and Life Balance Hope and Encouragement

Susie Vanderlip is a nationally-renown theatrical motivational speaker for both youth and adults. Inductee into the Speakers Hall of Fame, she has reached over one million people across the US and Canada. Her messages of prevention, mental health, healing and hope are Captivating and Unforgettable.

Highly attuned to understanding feelings, Susie awakens audiences to emotions that motivate their every decision: anger and rage, grief and loss, childhood trauma, adolescent mental health, family pain from alcoholism and addiction, abandonment, low self-esteem, suicidal thoughts and more.

A speaker of many talents, she uses dance, drama, powerful personal stories, mindfulness, yoga, Zumba and a deep sincerity and warmth that entertains, enthralls and encourages ALL ages.

Life-changing, evidence based, messages about YOUTH and FAMILY concerns - programs that awaken, inform and motivate. Susie powerfully motivates youth and adults to ASK FOR HELP.

In demand for school assemblies at public, private and parochial schools, colleges, youth conferences, parent programs, staff developments, and professional conferences focused on youth and family issues, women's events and churches. As one counselor stated, "Many people are in desperate need of someone they can relate to, who is not afraid of their pain, and can help them see the way out." That adult is Susie.

Susie'S Programs

Compelling and effective healthy choice and mental health message. Dramatic, thought-provoking theatrical one-woman show, that has positively stunned, educated and entertained over one million teens and adults across 48 states and Canada.



"You opened my eyes in a way that changed my life!"

Teen touched by Susie's message "It was the most moving thing I have ever witnessed from beginning to end. I can see the beneficial results it can have on every man, woman and child."

Parents & Community

Parents, Grandparents and Community Leaders relate to Susie Every parent worries about the well-being of his/her children as do grandparents and involved community members. How do we guide them to make the good decisions? How do we prepare them to make the responsible choice when offered alcohol, drugs, sexual encounters, gang membership, cheating, bullying, Internet liaisons and other frightening prospects in today's world? How do we guarantee they won't drive drunk, try suicide, harm themselves or others?

Susie Vander lip is a compassionate professional with 20 years of experience informing, encouraging and educating adults in how to reach teens on the tough topics. She, understands teenagers' underlying motives, feelings and pressures like few other adults. She has toured her dramatic, captivating, and thought-provoking LEGACY OF HOPE® one-woman theatrical presentation to one million+ teens and adults in 48 states and several countries. She is renown in middle schools and high schools as the assembly speaker who dazzled the teens and got many to open up for the first time about feelings and needs. As a result, over 25,000 teens have shared their life stories with her.

Life Lessons Learned From Monarch Butterflies!

Susie is a Monarch Butterfly Citizen Scientist and expert in the Monarch Butterfly life cycle, having raised well over 400 butterflies from egg to caterpillar to chrysalis to butterfly! She has videotaped and photographed their life journey for 3 years and produced children's books and movies (www.storyofchester.com) used in numerous school districts, botanical gardens, nurseries and libraries. Now she shares for adults in photos and video an astounding story of true life determination, charisma, courage, confusion, and undeterred commitment to life purpose.



De-stress For Success

Workshop De-Stress for Success: Workbook® with media pack in hardcopy format under Products and eBook on Amazon, Barnes and Noble and full multi-media version on iBookstore. Develop led by SUSIE and husband Dr. KEN VANDERLIP (clinical psychologist)



Number one motive for youth and adults to use alcohol, drugs, porn, food, gambling, video games is ... too much STRESS! An inability to cope with their feelings. Society encourages youth

and adults to escape stress by turning to alcohol, drugs, pharmaceuticals, food, gambling, sex and more. What if both youth and adults had healthy emotional coping tools to deal with real-life stress? Here is a FUN and engaging workshop that provides participants with actual experience of the tools to cope in a healthy way! Reduce dependence on alcohol and drugs. Here are the tools that help youth and adults to lose weight, improve health, respond positively rather than react to life challenges. Contact Susie for more information.

Zumba, Yoga And Mindfulness Meditation For Every Body

Certified zumba/zumba gold and yoga instructor, susie brings her playful, energetic and skillful facilitation skills to this workshop that adds pure fun and healthy heart activity to conferences.

Speaker and Author

Susie Vanderlip brings a lifetime of experience, strength and Hope from an unusual blend of several significant and simultaneous paths:

- Susie has spoken to over ONE million teens and adult in 48 states and Canada.
- Author of 52 Ways to Protect Your Teen - Guiding Teens to Good Choices and Success
- Susie Vanderlip is one of 210 people worldwide to be inducted into the CPAE Speakers Hall of Fame by the National Speakers Association. She is also one of 500 people to earn the status of Certified Speaking Professional, the highest earned designation from the National Speakers Association.
- Interviewed on FOX News Live as Youth and Family Issues Expert
- Weekly columnist for 71 weeks of IT'S NOT EASY BEING A TEEN, Wellington Daily News, coaching adults in teen issues and communication with their teens.
- Creates and distributes NEWS OF HOPE email newsletter on current prevention and pertinent teen and parenting topics. (To be on the list, email us Legacy Of Hope®: Contact Susie Vanderlip.)
- Producer of videos and audio tapes available at PRODUCTS FOR YOU.
- Contributing author to four books:

For more information please visit

<http://www.legacyofhope.com>